

PRIVATE PRACTICE DIETITIANS -EATING DISORDER SPECIALISTS

Koren Hobbs RD

Areas of expertise:

Eating disorders, disordered eating, picky eating, and general well-being from an anti-diet and weight neutral lens.

Contact information: Durham Psychology and Wellness Centre www.DPWC.ca or admin@dpwc.ca

Paula Ng RD

Areas of expertise:

General pediatric nutrition (infants, toddlers and adolescents) and eating disorders (BED, AN, BN, ARFID, etc) treatment for the entire lifespan.

Contact information:

paulang.rd@gmail.com or 437-229-4808 <https://www.paulangrd.ca>

Susan Osher RD

Areas of expertise: Eating disorders treatment and recovery

Contact information: <https://connectedeating.com/> or 416-967-3777
info@connectedeating.com

Lori Short-Zamudio RD

Areas of expertise: Gender non-conforming, eating disorders, type 1 diabetes, adolescents, young adults

Contact information: lori@unapologeticallymerd.com or instagram: @lorishortzamudiord

Megan Firth RD

Areas of expertise: Eating disorders and mental health

Contact information: Healing Recovery Therapy Centre www.healingrecoverytherapy.ca
289-716-6708 info@healingrecoverytherapy.ca

PRIVATE PRACTICE DIETITIANS -OTHER SPECIALTIES

Atheana Brown RD

Areas of expertise: Disordered eating, body image, intuitive eating, eating disorders and pediatric nutrition. Helping families foster body positive intuitive eaters who have a healthy relationship with food.

Contact information: www.peacefullynourished.ca

Podcast: Diet Culture Dropout

Instagram: @peacefullynourished

Kristen Garland RD

Areas of expertise: Diabetes- pre-diabetes, type 1 diabetes, type 2 diabetes, gestational diabetes and LADA (latent autoimmune diabetes of adults).

Contact information:

general nutrition- kristen@therealdealrd.ca, www.therealdealrd.ca

type 1 diabetes- kristen@t1dacademy.ca, www.t1dacademy.ca

Stefania Palmeri RD

Areas of expertise: ADHD, autism, acid reflux, celiac disease, digestive health, picky eating, pediatric nutrition, type 2 diabetes, weight management, high cholesterol, high blood pressure

Contact information: <https://palmerinutrition.com/services/>

Colleen Miller RD

Areas of expertise: Digestive health

Contact information: <https://www.colleenmillernutrition.com/contact>

Karyn Sunohara RD

Areas of expertise: Gut health, food allergies/intolerances, infant nutrition, pediatrics, disordered eating, cholesterol, blood pressure, fatty liver, diabetes, meal planning, sports nutrition

Contact information: <https://fortheLoveofFoodNutrition.ca/>

Ilana Kobric RD

Areas of expertise: Heart health and diabetes

Contact information: <https://www.iknutrition.ca/> or 416-400-6464 ikobricrd@gmail.com

Emily Campbell RD

Areas of expertise: Kidney conditions

Contact information: <https://kidneynutrition.ca/>

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